



# EAGLE NEWS



## MRMS Eagles are SOARING into the last nine weeks of the 2023-2024 school year!

March came in like a lion for MRMS Eagles. Eagles were busy winding up the end of the third nine weeks and enjoying warmer temperatures! Spring is in the air and the end of the 2023-2024 school year is in sight! Eagles have continued SOARING!

National Junior Honor Society (NJHS) students joined NJHS students from LDMS to help Boxerwood staff plant trees, work on landscaping projects, and clean-up in downtown Lexington. Thank you to Mrs. Diette for allowing MRMS Eagles the opportunity to serve our community! Eagles are involved!

On March 29<sup>th</sup>, students who participated in "All In Tutoring", an initiative from the Virginia Department of Education to help improve student Math learning loss as a result of the pandemic, will come to an end. After spring break, students will stay in homerooms for daily SOL Boot Camp.

MRMS had the very first Talent Show on March 29<sup>th</sup>. Students enjoyed various talents from singing, playing of musical instruments, comedy and impressions. Thank you Mrs. Schwarzmann and Ms. Leyna for organizing the first MRMS Talent Show.

Eagles will continue to SOAR as we prepare for SOLs during the month of April!

## End of the Year Field Trip Privileges

End of the year field trips and activities are being planned for all grade levels. Students must remember 'end of the year' activities are privileges. You must be in 'good standing' with daily behavior in order to participate! You don't want to miss out!

## Student Recognitions

### Eagles of the Week for March 4-8

- 6th - Chloe Dawson & Paisley Swink
- 7th - Popy Dixon & Tomorrow Ladendorf
- 8th - Tasha Shorter & Morgan Derr

### Eagles of the Week for March 11-15

- 6th- Chase Burke & Easton Snider
- 7th- Britney Tyree & Jude Clem
- 8th- Isaiah Ezell & Tyler Whitlock

### Eagles of the Week for March 18-22

- 6th- Alexis Warren & Levi Coleman
- 7th- Cirrah Whitelow & Brennen Strowbridge
- 8th- Riley Hogge & Joe Thompson

## Vandalism In Our School: Why Do Students Do This?

By: Austin Greer

Vandalism is an act of intentional destruction or damage to public or private property. Why do students feel the need to vandalize our school? Vandalizing is a serious issue, and if a student vandalizes, serious consequences will follow.

Intentionally breaking or causing harm to chromebooks is considered vandalism. At the start of the school year, students and parents signed a chromebook contract stating if a chromebook is intentionally abused, the student will be responsible for paying \$200 for the replacement of their chromebook. MRMS students are fortunate to be issued a chromebook to use as a valuable resource to help with learning. So, why damage this resource? Vandalizing chromebooks is not the only form of vandalizing happening in our school.

Vandalizing the bathrooms causes hardships for all. Not only do bathrooms have to be closed on specific hallways, it forces students to use different bathrooms on other hallways. Not only does vandalizing the bathrooms cause inconvenience, it also costs MONEY! The burning question that most students and staff have is, do you do this at home? What would your parents or guardians say about their student vandalism? If the vandal, a person who vandalizes, is caught, destruction of property charges can be brought upon the individual. In other words, a vandal will have to financially pay for their destruction.

Since vandalism to our bathrooms is a huge issue, instead of the problem continuing, help resolve the issue! If you are in the bathroom and see another student vandalizing, leave the bathroom and report back to class. Teachers will let you go back! If you are aware of someone vandalizing the bathroom, you can report the issue to any adult and your report will remain anonymous! You do not have to tell the teacher in front of other students. Just simply write a note and give to your teacher. If you are a vandal, just STOP destroying the school! Your actions causes others to suffer, especially when all students use the bathroom. MRMS Eagles SOAR and are responsible to do the right thing!

### Forms of vandalism:

\*Sitting on sinks to eventually make them disconnect from the wall

\*Shoving paper towels in the sinks to clog the sinks and allow water to run over into the floor

\*Clogging toilets intentionally by putting paper towels or objects in the toilet that do not belong

\*Writing on the walls

\*Throwing wet toilet paper up on the walls

\*Flooding the bathrooms

\*Ripping soap dispensers off the wall

\*Breaking ceiling tiles

\*vandalism to chromebooks

"Students vandalize our school because they think it is cool and funny!" -6<sup>th</sup> grader

"Students vandalize our school because they think they can get away with it!" -7<sup>th</sup> grader

"Tic-Toc influences teens to vandalize their school! Students feel the need to vandalize because it is the 'in' thing to do!" -8<sup>th</sup> grader

## Remember The MRMS Dress Code Policy

Written By: Popy Dixon

With warmer weather on its way, all MRMS students need to remember the dress code policy. Make sure you are wearing school appropriate clothes everyday. Below is what the school handbook says regarding the dress code policy.

### School Attire Guidelines

\*You must have tennis shoes every day for PE class.

\*Clothing, which includes jewelry, accessories should be free of messages that are violent, relate to drugs or alcohol, discriminate, or are pornographic.

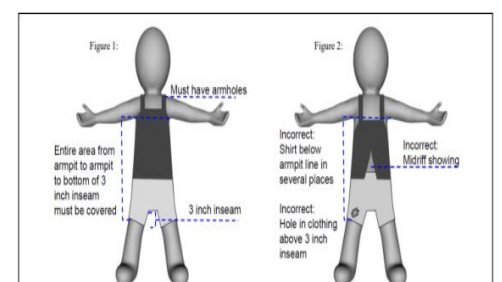
\*Clothing must cover the torso - your belly. Clothing must conceal undergarments and tops must have armholes. Rips and tears must not fall in the torso area.

\*No hats or hoodies/hoods can be worn in the building.

\*Sunglasses may not be worn inside the building.

\*Sleepwear, including pajamas, is not allowed.

\*Blankets are not to be brought to school.



## What is happening in each grade?!

### 6<sup>th</sup> grade

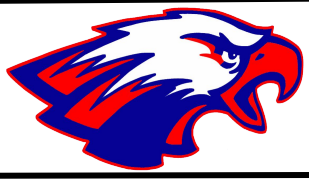
6<sup>th</sup> graders will be going to the Career Fest field trip to kick-off our Game of Life grade level PBL. In English, teachers are preparing for the annual SOL Review Bootcamp competition that will begin after spring break. In Science, students finished up food webs and will begin water testing after spring break with trips to various water sources around Rockbridge. Along with the PBL, students will complete tiny houses and a biome project. The Science Benchmark is tentatively scheduled for May 15. In History, students have finished WWII and have started learning about the Cold War. Students will learn the difference between communism and democracy, so they can begin to understand how the modern government works today. Math had an exciting day on March 14 Pi-Day Students will continue to work on formulas and circles before beginning SOL prep.

### 7<sup>th</sup> grade

7<sup>th</sup> graders enjoyed attending Career Fest on March 26<sup>th</sup>. Students were able to investigate different careers of interest. Thank you to all individuals involved who organized this event for students. 7<sup>th</sup> graders also went to the Maury River Water Service Authority and the Buena Vista flood wall as a culminating field trip to the novel, *A Long Walk to Water*. Students are now participating in a social media PBL. Students will examine the rewards and risks to using social media and will create an information poster in order to inform students about the benefits and risks. All 7<sup>th</sup> graders will keep working hard to prepare for SOL testing.

### 8<sup>th</sup> grade

8<sup>th</sup> graders finished a PBL on 'Activism in the World'. Students in English classes studied people who made a significant impact to improve conditions in the world around them through their words and actions. Students read various historical and modern day examples of people who embodied the spirit of Gandhi's message, "Be the change you wish to see in the world." Students have enjoyed learning about poetry and figurative language in English. Students have read poetry from Maya Angelou, Kobe Bryant, Langston Hughes, Robert Frost, and even Tupac! Yes, Tupac! Students in Mrs. Diette's English class has enjoyed reading *The Outsiders*. Students compared *Outer Banks* from Netflix to *The Outsiders* because both have similar themes of social class differences.



# EAGLE NEWS



## Self Help: SOL Test Season Is Upon Us!

Written By: Amelia Olewine

There are several things any student can do to help with SOL success! First, getting a goodnight of rest! Benjamin Franklin said, "Early to bed and early to rise, makes a man healthy, wealthy, and wise". For adolescence (10-19 years of age) it is recommended to get 8-10 hours of sleep. Second, eat a nutritious breakfast because studies have shown breakfast helps boost your ability to concentrate, your attention, and your memory. Third, remember to study and show up well prepared for your SOL. Teachers have prepared SOL resources to use at home. The most important thing any student can do to help be successful for SOL testing is to have a positive attitude! Having a positive attitude to start the day is crucial because it will help a student feel confident and at ease to take the SOL. All of these things can be useful towards raising your test grades/your SOL scores.

## MRMS Track & Field Schedule

Date	Day	Competition	City
March 22nd	Friday	Amherst MS Invite	Amherst, VA
March 30th	Saturday	Big Red MS Invite	Rustburg, VA
March 30-6		Spring Break	
April 12th	Friday	William Byrd Invite	Vinton, VA
April 19th	Friday	Heritage MS Invite	Lynchburg, VA
April 27th	Saturday	Blacksburg Invitational	Blacksburg, VA
May 2nd	Thursday	Cosmo Invitational	Roanoke, VA
May 4th	Saturday	Cosmo Invitational	Roanoke, VA
May 9th	Thursday	Ragged Mt. Invite	Charlottesville, VA

## Amherst Middle School Track & Field Invitational 2024

On March 22<sup>nd</sup>, MRMS Track & Field team competed in the Amherst Middle School Invitational. MRMS Boys placed 4th out of 13 teams and MRMS Girls placed 2nd out of 14 teams. Congratulations to the following individuals:

- \***Rolf Dixon:** school record in the Triple Jump, #3 all time in the 300h, #4 all time in the high jump.
- \***Poppy Dixon:** school record in the Triple Jump, #3 all time in the 300h, #3 all time in the long jump, #3 all time in the high jump
- \***Lelia McCown:** #3 all time in the 3200m
- \***Jaclyn Marshall:** #5 all time in the 3200m
- \***Lily Bell Lipsett:** #5 all time in the high jump
- \***Sophia Hannah:** #5 all time in the high jump
- \***Bryson Brown:** #4 all time in the shot put

**Way to go  
Eagles!**



## Bullying

Written By: Lily Johnson

Bullying is a real issue in schools and communities across the U.S. As we are going along in our day-to-day school life we may encounter many issues that we don't realize are issues. The big question is: What is considered bullying? The original definition of bullying is: To seek to harm, intimidate, or coerce someone perceived as vulnerable after being told to stop. When people repeatedly use their voice or their actions to harm another, it is considered bullying. Even when you say the phrases "Just Kidding" or "I'm Just Joking", It doesn't change the fact that other people may have their feelings hurt. Let's all think twice before we purposely harm another. Remember the golden rule: "Treat others the way you want to be treated." This simple rule can be traced all the way back to the Bible.

It is also important to remember that you can bully even if it isn't face to face. This is called cyberbullying. Cyberbullying is very difficult to regulate and cyberbullies can hurt others without having to deal with the consequences. Before you choose to make fun of somebody online ask yourself this question: Would you want that happening to you? Although we may think at first that we wouldn't care if that happened, the truth is we would.

The side effects of bullying are anxiety and oftentimes depression. From the site Healthdirect.gov it states "There are different reasons why people bully, including:...having a low self-esteem and wanting to feel better about themselves, feeling angry, frustrated and jealous." This shows that some kids may even bully because they are having a difficult time themselves. It's important to remember nobody deserves to be bullied because of something you are going through, let's be nice.

Like Vi Keeland once said, "Blowing out someone's else's candle doesn't make yours shine brighter." We can take a step forward at our school to promote kindness. We all make a difference and no matter how small you may seem, you can take big actions. Let's put a stop to bullying.

### Reminders for SOL testing days:

\*Cell phones, Smartwatches, Fitbits that have internet access, or any other electronic device CANNOT be taken into an SOL testing room!

\*No outside food, candy, gum, or drinks allowed in testing rooms.

\*Please see "Dates to Remember" to know when your child has an SOL. Please schedule appointments around these dates and plan accordingly.

\*Please remember student check out should be planned around SOL testing as well.

**SOL Resources for students to use at home will be communicated to students by classroom teachers!**

## 8<sup>th</sup> Grade T-shirt Design Contest

Starting the week of March 25<sup>th</sup>, 8<sup>th</sup> grade will have a t-shirt design contest. The purpose of the contest is to design a grade level t-shirt for the entire class. Ideas for design parameters would be stars and stripes, maybe the Eagle. Entries should be submitted by April 9<sup>th</sup> so a decision can be made by the 12<sup>th</sup>.

## Destination Imagination

Congratulations to our MRMS Destination Imagination team members Dasha Billias, Levi Poulin, Logan Wood, Daniel Sheller, Olivia Poulsen, Rachel Feldman, and Lilly Roeder for placing first at the Virginia Destination Imagination Tournament on March 16<sup>th</sup>. They displayed very impressive improvisational and creative problem solving skills as they completed both their team challenge and an instant challenge. Because of their success at the State Tournament, they will advance to the Destination Imagination Global Finals, which will be held in Kansas City, Missouri this May.

**Great job team!**

## Important Dates to Remember

- March 26-6th & 7th grade Career Fest at VHC
- March 28: 7th grade rescheduled field trip to the Maury River Service Water Authority and Buena Vista Flood Wall
- March 29: Talent Show & PEP Rally
- April 1-5: SPRING BREAK
- April 9: 6th grade water testing to Jordan's Point-Dowless's Classes Only
- April 10: 6th grade water testing to Rebel Ridge-S. Tyree's Classes Only
- April 25: 8th grade SOL: Integrated Reading and Writing
- April 26: Make for 8th grade SOL: Integrated Reading and Writing (starts in the morning)
- April 29: 8th grade Math and Algebra I SOL (starts in the morning)
- April 29: 7th grade Math SOL (starts in the morning)
- April 30: 6th grade Math SOL (starts in the morning)
- April 30: ANY MAKE UPS NEEDED
- May 1: 7th & 8th grade Reading SOL (starts in the morning)
- May 2: 6th grade Reading SOL (starts in the morning)
- May 3: ANY MAKE UPS NEEDED
- May 3: Spring Fling
- May 6: 8th grade World History (starts in the morning) AND 7th grade Civics (starts around noon)
- May 7: ANY MAKE UPS NEEDED
- May 8: 8th grade Earth Science SOL (starts in the morning) AND 7th grade Science SOL (starts around noon)
- May 9: ANY MAKE UPS NEEDED
- May 9: Spring Band Concert
- May 10: Expedited Retakes for 6th, 7th, and 8th grade Reading
- May 13: Expedited Retakes for 6th, 7th, and 8th grade Math
- May 14: Expedited Retakes for 6th, 7th, and 8th grade History
- May 15: Expedited Retakes for 7th and 8th grade Science
- May 16: MAKE UPS FOR EXPEDITED RETAKES
- May 17: MAKE UPS FOR EXPEDITED RETAKES
- May 17: 7th grade field trip to Fun Quest
- May 17: 8th grade field trip to Defy in Roanoke
- May 20: 7th grade Pool Day to Glen Maury
- May 20: 8th grade Pool Day to Fairfield Pool
- May 20: 6th grade field trip to Defy in Roanoke (9:00-2:00)
- May 21: 2 HOUR EARLY CLOSING
- May 22: 6th grade Pool Day at Glen Maury (9:00-1:00)
- May 22: 2 HOUR EARLY CLOSING
- May 23: 2 HOUR EARLY CLOSING
- May 23: THE LAST DAY OF SCHOOL!**

