

2022 Maury River Middle School Cross Country Schedule

| Date | Day | Competition | Time | Site |
|-----------|-----------|------------------------------------|---|---|
| Aug 31st | Wednesday | Clifton Middle School Invitational | 5:30pm Boys 3k/ 6:00pm Girls 3k | Clifton Middle School 1000 Riverview Farm Rd, Covington, VA 24426 |
| Sept 3rd | No race | | | |
| Sept 10th | Saturday | Knights Crossing Invitational | 9:30am Girls 4k/ 10:00am Boys 4k | Green Hill Park 2501 Green Hill Park Rd, Salem, VA 24153 |
| Sept 17th | No race | | | |
| Sept 24th | Saturday | Alleghany Invitational | 9:30am Boys 3k/ 10:00am Girls 3k | Jackson River Sports Complex 870 W Edgemont Dr, Covington, VA 24426 |
| Oct 1st | No race | | | |
| Oct 8th | Saturday | Blue Ridge Invitational | 10:30am Girls 3k/ 11:15am Boys 3k | Greenfield Recreation Park Preston Pkwy, Troutville, VA 24175 |
| Oct 15th | Saturday | Grace Christian Invitational | 10:00am 3.2k girls followed by boys 3.2k | Coyner Springs Park 2091 Lyndhurst Rd, Waynesboro, VA 22980 |
| OR | | OR | | |
| Oct 15th | Saturday | Hidden Valley Invitational | TBA | Hidden Valley High School 5000 Titan Trail, Roanoke, VA 24018 |

Coaches:

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